

ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

"PSYCHOLOGICAL BARRIERS AND CONFLICTS THAT ARRIVE IN THE PROCESS OF COMMUNICATION"

https://doi.org/10.5281/zenodo.15549294

Karakalpak State University, Faculty of Art Studies, Associate Professor of the Department of Pedagogy and Psychology (PhD),

Bektursinova Lalaxan Khojanazarovna

Third-year student of the Practical Psychology program,

Qaljanbaeva Aynura

Third-year student of the Practical Psychology program,

Jabbarbegenova Sevara

Abstract

In the article of communication interpersonal in a relationship place and importance illuminated . Communication human in society to live need satisfy with together , it person as formative main factor as The person 's in communication success his/her politeness , modesty , honesty verbosity such as to the virtues related that is emphasized . Also , communication in the process to the surface coming psychological obstacles , listening your ability shortage and communication in the process conflicts such as factors analysis made . Communication human worldview expands and to socialize help gives , that because communication culture to occupy each human for It is necessary .

Key words

Communication , interpersonal relationships , social psychology , mutual influence , communication culture , socialization , qualities , communication skills , conversation obstacles , personality formation .

Аннотация

В статье освещаются роль и значение общения в межличностных отношениях. Общение, наряду с удовлетворением потребности человека жить в обществе, показано как основной фактор, формирующий его как личность. Подчеркивается, что успешность человека в общении зависит от таких его качеств, как вежливость, скромность, корректная речь. Также анализируются такие факторы, как психологические барьеры, возникающие в процессе общения, отсутствие навыков слушания, конфликты в процессе общения. Общение расширяет мировоззрение человека и помогает социализации, поэтому овладение культурой общения необходимо каждому человеку.



ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

Ключевые слова

Общение, межличностные отношения, социальная психология, общения, взаимодействие, культура социализация, качества, барьеры, навыки, коммуникативные формирование коммуникативные личности.

Communication people done increasing activities inside leader place possessing , it is in man the most important need in society to live and himself to consider as a person with related need satisfies . Therefore for each of its human for importance is big . Communication people joint activities from needs come outgoing various activities during each other with mutual to relationships to enter is a process . That is , each person's in society doer activity (work , study , play , creativity) to do and others) mutual attitude and mutual the effect own inside takes . Communication successful in being person's formed adjectives of virtues importance very big . Including , in person positive qualities good formed (courtesy , humility , humanity , correctness honesty , conscientiousness etc.) communication process good will pass .

Communication human of life all facades cover takes . Without communication human external universe with to the relationship to enter Because any human being can activity at the bottom his/her surrounding the world (other people, nature, artificial) intellect derivatives) with communication lies. Communication to oneself special, important process happened because linguistics, psychology, pedagogy, social science, political science like many industries point from the point of view research to the object around Especially the last one in years linguistics in science all problems attention to the center human to put circle anthropocentrism approach activation communication comprehensively address the issue and deep study necessity to the surface brings.[1.156]

Children from youth first of all in the family , then education in their homes to communicate teaching will be sent . To the communication of teaching from the methods one communication skill training in the style of is to form . Communication educational importance that is , it is a human worldview expands and psyche Develops the personality in all aspects . in the formation communication importance big . Simple things study through imitation for mutual in communication to be necessary . Society law to the rules based without relationship develops . Individ with person between very big difference difference see possible . Social psychologists communication in the process to the surface arrival possible was of obstacles the following distinguish : psychological , situational , substantive and motivational are obstacles .



ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

Of these outside , to communicate barrier and the interlocutors psychological culture from defects one , that is their neither to hear and neither to listen ignorance , " reverse " " lack of communication " service to do possible . People between conversation often in them of the mind shortage because of not , maybe their selfishness because of : each himself/herself about or himself interesting tips about aspiration because of as expected done without exceeding to remain possible . As a result instead of one " smart " dialogue , two in vain , even Perform a harmful monologue increases . Therefore to communicate , to talk , to talk to the art learning , socio-psychological culture to possess , oneself , one's own mood and feelings manage to acquire , knowledge and qualifications working exit , own speech with interlocutor interesting to take ability to develop achieve However , this is not necessary . for first any in turn of communication general rule : other people , their of the interlocutors needs , desires satisfy can just a person respect reach to receive in mind to hold necessary .

Each intelligent human others with cooperation to do skill and to the art has to be This task is necessary . people treatment and communication ethics Teaching is more important than ever . as puts . Correct to communicate to enter socialization in the process all from adjectives earlier shapeable from abilities , it is natural and vital something . Child language very good out before I had time those around with asset to communicate to enter begins . But of the matter paradoxical The other thing is that years increasingly intelligent , wise every person what is your opinion? thinking speaking , each step thinking pressing become it remains , this his/her in society my name marked is a tool . [2. 142]

To the conversation to enter to take human development of thinking social integrated into life This ability is a sign of human you were born from the beginning of your life finally until speech ontogenesis in parallel with the process dynamic in motion will be: known in the period human active communication with to engage in improvement as a result or, conversely, communication from the environment a little it weakens when they are apart possible. Each human himself/herself live and work showing in society place to be wants, in fact (good, bad) has its place. But man teammates by how attitude with against to be taken many in terms of his/her eloquence level, communication ability is related.

Communication your ability development level directly human psychology with related . Today on the day linguistics at the bottom communication theory and practice , intercultural communication row sciences development our observation possible . This sciences effective for communication to enter and controversial from situations skill with to be able to go out , verbal and nonverbal communication



ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

from the means right use to take skill and qualifications formation and to develop focused.

Effective to communicate to enter factors the following input possible:

- Oratory .
- Active listening.
- ∔ From Tanatili right use .
- ♣ Contradictory from situations to be able to leave. [3. 219

Of course, great orator always of the interlocutor attention attraction can takes, of to the cri convince takes and communicative to the purpose to others relatively easier reach takes. Skillfully speak to take with one in line, listen actually getting one art. It is known that every in humans identity demonstration to grow need, listening desire available. Communication in the process speaker by impact when indicated second from the side answer reaction only if it returns, the communication process happened was is considered. Human active orator as very beautiful, appropriate loyal even though you speak, communicative level goal achievement possible, but two one-sided attitude installation for Listening is also important. That is to speak and listen ratio right hold on to take to the goal The word is † • qdir . Communication body language throughout right use It is also important to get big. Because body language nonverbal speech verbal speech complement, negation to replace, to replace to press possibility known. Finally, inhuman communication from the situation right solution find a compromise come It is also his ability to leave. communicativeness competencies good developed evidence gives.

Conflict - (lat. con r ictus - opposition , con r ict) - to communication incoming of the parties , that is communication of subjects various polar , mutual contrary views , goals , interests mutual suitable absence as a result to the surface coming problematic situation , conflicts struggle . Conflict prospective conflicts , wars beginning to be possible , therefore for it too lower in stages eliminate to grow necessary . In general communication in the process to the surface coming misunderstandings strong emotional-spiritual consequences brought release possible. [4. 254]

Communication by communicant 1 in the process encoded and communication channel through sent message second communicant by acceptance as is received , decoded rock is being done , its own in turn , this The message evokes natural emotions on the 2nd party. to bring possible . If from your interlocutor you are guessed reaction return If you want , message clear , correct and understandable in a way your coding , quality communication channel through (various interference giver factors , noises opportunity until empty (



ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

transmit) necessary . Communicative in the acts to the surface arrival possible was of conflicts the most big part coded message with decoded of the message mutual good morning not related . This inconsistencies mainly Bernard Verber's "Relative" and absolute knowledge From the book "Encyclopedia" in the "Try" problem following to the reasons related to be possible.[5. 175]

Indeed, Bernard Verber record as from the past 10 points somewhere imbalance if yes , in conversation misunderstanding and ultimately controversial situation to the surface arrival possible . That also record as transition necessary , contradictory communication mainly mutual close was people between more is observed . Because person external society in the environment social role requirement with his/her own speech relatively stronger control does , relatives during and himself emotional in terms of much freely (as long as it exists) , own desires , interests open Naturally , such openness family members in the middle inconsistencies often to be observed reason will be . Many in cases human family members in the eyes of behavior , culture on the surface conclusions (often negative , because they more to the shortcomings accent give) external society by to him/her given from the price (mainly positive , because in this more melted attention to the facts difference does.

This for from someone own emotions control to make , to fake from reasons real the reasons separate to take , conflict localization , only to the defense attention from focusing avoidance , initiative own in hand hold It is required to stand . The contradiction solution of reaching four way available : submission , compromise , escape and integration . Last road the most difficult , but him/her done increase possible . Contradictory from situations exit ignorance , any person for treatment in the process appearance to be many daily difficulties overcome transition , physical and psychic to health damage delivery person emotional to stresses take is coming .

Conclusion as telling if we are , society other members with to communicate when entering not only message and feelings our exchange , maybe this in place our our interests collision happened to be into account take , benevolent , reasonable , sincere , harmless to communicate our introduction to the goal It 's okay . That 's right , to communicate. our entry the most the main stimulus is specific our need to satisfy directed because communicative to the goal maximum at the level to achieve we strive , but this others' interests extinguished to put in return either way , both side for acceptable solution , compromise with out gone It is acceptable .

SCIENTIFIC JOURNALS PUBLISHING CENTRE OF AMERICA

AMERICAN JOURNAL OF SOCIAL SCIENCE

ISSN: 2996-5306 (online) | ResearchBib (IF) = 9.674 IMPACT FACTOR Volume-3 | Issue-5 | 2025 Published: |30-05-2025 |

REFERENCES:

- 1. Bernard Verber . Encyclopedia of relative and absolute knowledge//Mejdu tem... | Book of quotations by Bernard Werber . Encyclopedia of relative and absolute knowledge (citaty.info)
- 2. Ma'murova F., Abdullayeva N., Yusupjonova M. Pedagogical communication in the process conflicts and psychological obstacles with related problems // "Economics and society" #2(81) ch.1 2021 www.iupr. ru; PROBLEMS RELATED TO CONFLICTS AND PSYCHOLOGICAL BARRIERS IN THE PROCESS OF PEDAGOGICAL COMMUNICATION тема научной стати по наукам о здорове читайте бесплатно текст научно-исследовательской работы в електронной библетые CyberLeninka (cyberleninka.ru)
- 3. Shirinova , Y., Iskandarova G. (2024). Man Cultures at the crossroads . Uzbekistan : language and culture . Practical † lology issues . 2 (5): 83-89. DOI: 10.52773/tsuull.uzlc.aphil.2023.2.5/NQUG6205//https://aphil.tsuull.uz/index.php/language-and-culture/article/view/79
- 4. Shirinova , YT 2022. Intercultural communication in particular // INTERNATIONAL CONFERENCE DEDICATED TO THE ROLE AND IMPORTANCE OF INNOVATIVE EDUCATION IN THE 21ST CENTURY. September . (in PDF format) MEJDUNARODNAYA CONFERENCE, THE ROLE OF POSVYASHCHENNAYA I ZNACHENIU INNOVATSIONNOGO OBRAZOVANIYA V 21 VEKE researchgate.ne
- 5. Aslanov , Social activity and treatment psychology methodical guide , Tashkent 2019.