

THE POSITIVE IMPACT OF SOCIALLY ACTIVE GIRLS ON THEIR PLACE IN SOCIETY AND RELATIONSHIPS IN THE FAMILY

<https://doi.org/10.5281/zenodo.15242131>

Robilova Sharofat Mamajonovna

Fergana State University

Teacher of the Department of Physical Education Theory

robilovasharofat486@gmail.com +998940788844

ORCID ID 0009-0000-6131-5450

Abstract

This article analyzes the role of socially active girls in modern society and their contribution to social development through participation, leadership, and initiative. It also highlights the positive impact these girls have on family relationships, including open communication, shared decision-making, and responsible parenting in the future. Supported by statistical data and real-life examples, the paper emphasizes that fostering social activity among girls not only empowers them individually but also strengthens social and family structures.

Keywords

Socially active girls, women's activism, women's role in society, youth, family and society, women's social role, positive influence, girls' education, social progress, gender equality, family values, leadership.

INTRODUCTION

In today's globalization process, the development of any society directly depends, first of all, on the activity and intellectual potential of its youth, especially socially active girls. The participation of girls in social life serves not only their personal development, but also the cultural, spiritual and economic upliftment of the entire society.

Socially active girls are able to make positive changes not only in the external environment, but also in family relations. Their awareness, responsibility and initiative serve as an important factor in strengthening family values, creating a healthy environment and properly educating the future generation. In this regard, a deep analysis of the role of socially active girls in society and their positive impact on family relations is one of the pressing issues of today.

In modern society, the activity of women, especially young girls, is increasingly increasing. In particular, socially active girls play an important role in the development of society, not only demonstrating their potential, but also having

a positive impact on their families and those around them. By being educated, proactive, and socially responsible, they have the opportunity to positively change not only their own lives, but also the lives of those around them.

LITERATURE ANALYSIS AND METHODOLOGY

Socially active girls become the leading stratum of society, they actively participate in various fields (education, healthcare, culture, entrepreneurship, social networks) and become an example for other peers. They raise social problems and offer solutions, active girls awaken public opinion on issues such as women's rights, ecology, healthy lifestyles. They play a role in educating the new generation. Socially active girls form a healthy social climate in society by becoming educated and conscious mothers in the future.

The impact of socially active girls on family life is manifested as follows: They are formed as thoughtful and responsible people. Such girls prioritize kindness, mutual respect and raising an educated generation within the family. They have healthy communication with family members. They can correctly express their opinions, listen to the opinions of family members, and solve problems through dialogue. She becomes a positive role model for her children. A socially active mother teaches her children the need for independence, an active lifestyle, and being useful to society. She promotes a healthy lifestyle in the family. Active girls later strengthen values such as healthy eating, environmental cleanliness, and cultural leisure in their families.

The issue of the role of socially active girls in society and their influence on the family has been studied as an important topic in many sociological, pedagogical, and psychological studies. Scientific research conducted in recent years shows that the activity of women, especially young girls, in social life is one of the important factors of stability, development, and cultural advancement in society (Karimova, 2021; Rasulov, 2019).

A number of foreign and domestic researchers indicate aspects such as gender equality, women's right to education, business environment, and family stability as the main directions in issues related to women's activism. For example, the UN reports on women's rights (UN Women, 2020) emphasize that women's participation in social life and leadership potential are directly related to family stability and well-being.

Local scientists G. Mamatkulov, Z. Tursunova, and S. Yuldasheva emphasize in their research the importance of the harmony of education, social environment, and state policy to increase the social activity of girls. In particular, scientific views on the education of girls have proven that their formation as conscious, responsible,

and active individuals has a positive impact not only on society, but also on the family environment (Yuldasheva, 2022).

Also, theoretical approaches related to gender roles in the family and women's initiative are covered in more depth through scientific views such as Talcott Parsons' "functionalism theory" and Pierre Bourdieu's concept of "cultural capital". These theories serve as important theoretical foundations for determining the place of women in the family and society.

The above analysis shows that socially active girls play an important role in the sustainable development of modern society. Their social activity has a significant positive impact not only on the development of society, but also on factors such as the moral environment, values, and mutual respect in the family.

IMPORTANCE OF PEDAGOGICAL METHODS

Statistics show that the activity of female students in social life According to the 2023 data of the Gender Equality Commission of the Republic of Uzbekistan, 38% of female students in secondary schools actively participate in socio-political events (forums, debates, environmental campaigns, clubs).

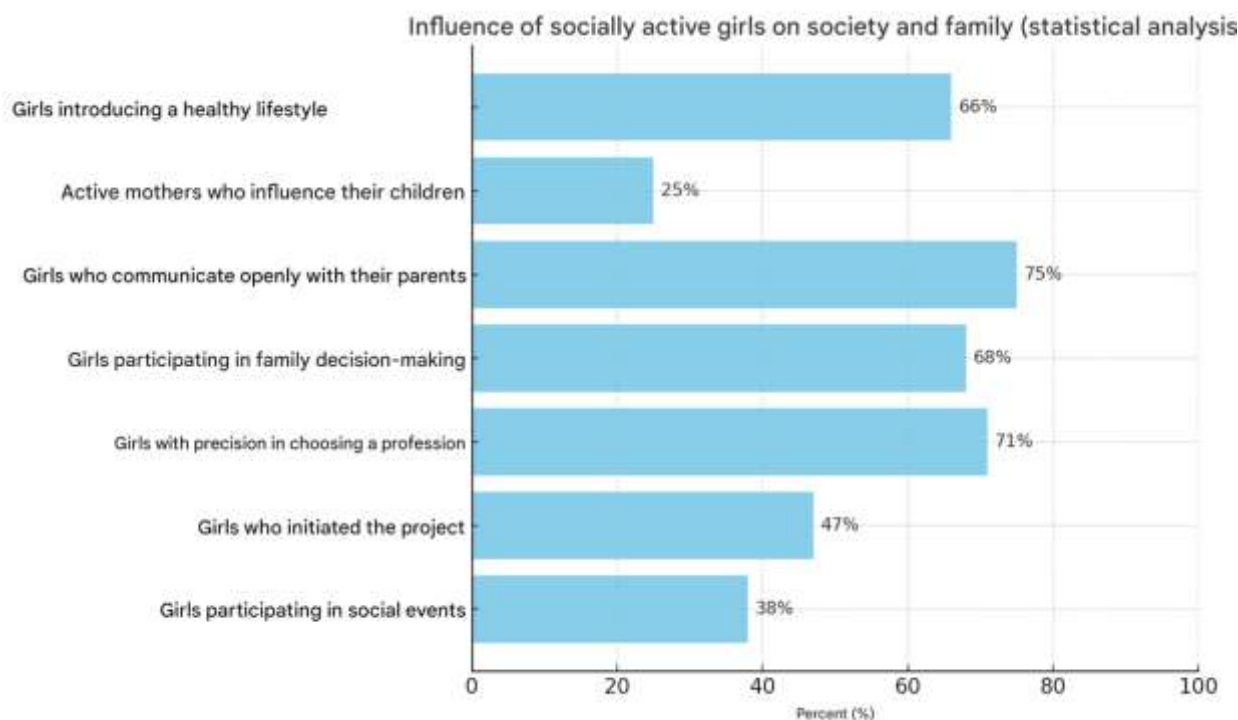
According to the Youth Affairs Agency, 47% of projects and initiatives with the participation of girls in 2022 were related to social issues - the environment, health, and social culture.

According to the international UNICEF report, 71% of socially active female students clearly choose their professional direction in the future and have high self-confidence.

According to a 2021 survey conducted by the Institute of Social Research under the Academy of Sciences of Uzbekistan:

68% of socially active girls actively participate in the family decision-making process. 75% of such girls reported open communication with their parents.

According to the World Bank, children from families with socially active mothers have an average of 20-25% higher results in terms of educational level, social skills, and behavior in a team.



According to the analysis of the UN Women Agency (UN Women), socially active girls are 2 times more likely to introduce a healthy lifestyle in their families (proper nutrition, participation in cultural events, a conscious approach to raising children).

Based on the above analysis and observations, it can be said that the role of socially active girls in society and family is becoming increasingly important. Such girls not only develop themselves as individuals, but also contribute to the formation of a healthy social environment in society by being a positive example for those around them. Through their education, initiative, and responsibility, the status of women in society is increasing, gender equality is ensured, and family values are strengthened.

Socially active girls also act as an important educational force in the family. With their modern worldview, cultural level, and social activity, they develop healthy communication and mutual respect between family members. Thus, the activity of such young people is not limited only to their personal achievements, but also leads to broader social development and strong family relationships.

Therefore, supporting the development of socially active girls, encouraging their education, rights and initiatives is considered one of the important strategic directions for the stability and future of society.

The results of the study show that socially active girls are an important factor in creating a stable social environment in society and strengthening healthy relationships in the family. Their activity has a positive impact not only on personal development, but also on social and family stability through education, culture and

moral values. Supporting the participation of girls in social life, expanding their rights and opportunities should be recognized as one of the strategic directions for the development of society.

CONCLUSION

Socially active girls are one of the most important driving forces of society. Through their manifestation of their potential, the entire society is renewed, and social culture is enhanced. Also, their activity in the family, conscious attitude and culture of communication serve as a guarantee of a healthy and strong family. Therefore, educating socially active girls, supporting them and creating opportunities is an important task of today.

Statistical data shows that socially active girls create positive changes not only in the life of society, but also in the family environment. They have the power to have an exemplary influence on their peers and, in the future, on their children. Therefore, the development of social activity from an early age is one of the important guarantees of social development.

REFERENCES:

1. Sharofat, R., & Nigora, A. (2023). THE ROLE OF GYMNASTICS IN THE PHYSICAL DEVELOPMENT OF CHILDREN AND ADOLESCENTS. *Spectrum Journal of Innovation, Reforms and Development*, 12, 32-37.
2. Yuldashov, I. A., & Robilova, S. M. (2022). Problems of physical development of preschool children and junior school children. *Asian Journal Of Multidimensional Research*, 11(9), 125-130.
3. Robilova, M. S. (2022). OILA-MAKTAB HAMKORLIKLARINI TAKOMILLASHTIRISHGA OID YANGI PEDAGOGIK TEXNOLOGIYALARNI JORIY QILISH MUOMMOLARI. *Finland International Scientific Journal of Education, Social Science & Humanities*, 10(12), 183-188.
4. Sharofatkhon, R. (2022). The Role of Parents and Its Significance in Forming a Healthy Lifestyle in the Family. *Eurasian Journal of Humanities and Social Sciences*, 14, 63-68.
5. Robilova, S. M. (2023). CHARACTERISTICS OF PRACTICAL PHYSICAL DEVELOPMENT OF TEENAGE STUDENTS IN FAMILY-SCHOOL PARTNERSHIP. *Conferencea*, 60-65.
6. Sharofat, R., & Nigora, A. (2023). THE ROLE OF GYMNASTICS IN THE PHYSICAL DEVELOPMENT OF CHILDREN AND ADOLESCENTS. *Spectrum Journal of Innovation, Reforms and Development*, 12, 32-37.

7. Mamajonovna, R. S. (2023). FEATURES OF PRACTICAL PHYSICAL TRAINING OF ADOLESCENT STUDENTS. *Finland International Scientific Journal of Education, Social Science & Humanities*, 11(4), 2371-2375.
8. Robilova, S. M. (2023). O 'SMIR YOSHDAGI O 'QUVCHILARNING JISMONIY MADANIYAT, JISMONIY TARBIYA VA JISMONIY RIVOJLANISH ASOSLARINING AHAMIYATI. *IJODKOR O'QITUVCHI*, 3(29), 764-768.
9. Mamajonovna, R. S. (2023). FEATURES OF PRACTICAL PHYSICAL TRAINING OF ADOLESCENT STUDENTS. *Finland International Scientific Journal of Education, Social Science & Humanities*, 11(4), 2371-2375.